

Live
Music
Tour

BIG EMOTIONS

MINDFUL MUSIC FOR LITTLE PEOPLE



LIVE MUSIC TOUR FOR
3-7YR OLDS.

FEATURING LIVE MUSICIANS LAURA LOFT & JAY SCOTT-HAMILTON ON PIANO,
GUITAR, UKULELE, DRUMS, PERCUSSION, TRUMPET & MORE!



exeter **phoenix**



www.bigmusiccollective.com/live



BOOKING INFORMATION

Laura Loft worked in collaboration with Trinity Primary School Exeter and successfully won funding from Devon Music Education Hub to deliver a FREE Live Music Tour of Big Emotions for R.E.L.P Primary Schools. This then culminated in a Family Show at Exeter Phoenix. Since we have toured this show again through the South. We passionately believe in the power of creativity to support wellbeing. And we wanted to share this with you! So if there is ever a time to be supporting our young people's wellbeing it is now.

Big Emotions: Mindful Music For Little People is a new music wellbeing resource thoughtfully created as a preventative tool to help nurture young people's mental health. To regulate big emotions we must firstly be able to recognise them. This book takes you on a journey through 8 core emotions of excitement, surprise, fear, disgust, sadness, anger, trust and joy and offers ideas to help regulate those big emotions. Created by Local Musician, Educator & Creator; Laura Loft and illustrated by Nia Gould.

LIVE MUSIC TOUR

The interactive performance is aimed at 3 - 7 year olds. Featuring live musicians Laura Loft & Jay Scott-Hamilton on piano, guitar, ukulele, drums, percussion, trumpet & more! These experienced Musicians and Educators will provide elements of the National Music Curriculum including;

- listen with concentration and understanding to a range of high-quality live and recorded music.
- use their voices expressively and creatively by singing songs and speaking chants and rhymes.

The interactive performance will last 45 mins and will include interactive songs **Binoculars Out, Angry Storm Clouds & I Am Calm** whilst taking the children on a musical journey telling the tale of Little Boy and Cat as he goes on an adventure into his vivid imaginative world, exploring his emotions; **excitement, surprise, fear, disgust, sadness, anger, trust and joy.**

The live show plays the original soundtrack with live singing, drums, percussion, piano, ukulele, cello and trumpet plus using digital sound effects and visuals. The visuals have been selected from parts of the story book with illustrations by Nia Gould.

THE STRUCTURE

The show starts by playing some background music as the children are led into the hall and seated. We welcome the children with a little interaction and an action song 'Binoculars Out'. The children are now ready to look out for Little Boy's emotions and we start the performance.

We play songs singing firstly through the excited, surprise, fear and disgust chapters in the book with live music plus some fun sound effects.

We then play some instrumental music using the cello and trumpet through the sad and angry emotions. The children are then invited to join in the 'Angry Storm Clouds' song and create a thunderstorm.

** Sensitive children may find the creating of the thunderstorm using body percussion, small drums and percussion a little loud. This lasts for 3 minutes. Please flag up in 'special requirements' whether you will need a cue for the children to either leave the show for that part or use ear defenders. Ear defenders are not provided so will need to be brought to the performance if required.*

After Little Boy has got his angry emotions out we find calm and explore the emotion trust as Wisdom the Whale visits. We sing the song together 'I Am Calm' which has an interactive element of feathers being given out and blown away.

**We will give the feathers out within the show to use when we sing and blow the feathers away.*

The final song explores the emotion Joy and ends in 'Call and Echo' body percussion with the children. During the performance there are sound effects during fear/disgust (gurgling, burps, bats flying); sad/anger (waves, splashes, rain, loud thunder); trust (whale sounds).

We will use a projector screen from a laptop device we provide to plug in and show some visuals. These visuals will be from the storybook. (no sound - visual content only in the projection).



Big Emotions Live Show



WORKSHOP

Add a workshop linking to the Big Emotions Course
www.bigmusiccollective.com/membership

COSTINGS

- Local to Exeter - for 2 musicians = £500
- South West/ South Coast - 2 musicians, 1 tour support = From £750 *plus travel
- Workshops: *bespoke
- Funded Tours - subsidised costs to be discussed.

INTERESTED?

Contact lauraloftmusic@outlook.com